

HOLY FAMILY CATHOLIC PARISH MARCH 2025 BULLETIN

CHALLENGE FOR MARCH

Are you ready for a True/False Ash Wednesday quiz? [1] Ash Wednesday occurs on the first Wednesday in March every year. T/F? [2] The day before Ash Wednesday is known as "Shrove Tuesday." T/F? [3] There are rules about what you can and cannot eat on Ash Wednesday. T/F? [4] Ashes can only be administered following a Mass on Ash Wednesday. T/F? [5] Ashes on the forehead goes back to pre-Jesus days in the Bible. T/F? See pg. 7 for the answers to this month's challenge



HOLY FAMILY PRAYER



May God bless each family present and bless our entire Holy Family Parish. Make it like the family of your Son. May our moments of sorrow give way to the seasons of joy. May the memory of harsh words fade before the warmth of a loving touch. May the tears of sorrow be replaced by the music of laughter. May resentment be banished from our families. And may forgiveness reign in our hearts today and everyday. Amen.

ASH WEDNESDAY INFORMATION

Masses at 8:30 am and 7:30 pm with ashes following Distribution of ashes at church from 9:30 am to 3:00 pm

LENTEN FAST AND ABSTINENCE

According to the United States Conference of Catholic Bishops, everyone 14 years of age or older is bound to **abstain** from meat on <u>Ash Wednesday</u>, all the <u>Fridays of Lent</u> and <u>Good Friday</u>.

Everyone 18 or older, and under 59 years of age, is bound to **fast** on <u>Ash Wednesday</u> and <u>Good Friday</u>. This means only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not approved while fasting on these two days. When health or the ability to work would be seriously affected, the regulation to fast does not oblige a person.

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Holy Family Catholic Church American Canyon, CA

Mass Schedule

Tuesday - Friday: 8:30 AM

Saturday: 5:15 PM

Sunday: 7:30 AM, 9:30 AM & 11:30 AM Every 3rd Sunday @ 11:30 AM - Youth Mass

Please call the office and leave a message for Committee or Ministry Volunteer leaders below:

Pastoral Council Chairs: Leslie Gaffney and

Davet Mohammed

PastoralCouncil@holyfamily-amcan.church

Finance Committee Chair: Zenaida Alejandrino

FinanceCouncil@holyfamily-amcan.church

Liturgy Committee Chair: Father Fred Kutubebi

Spanish Committee Chair: Ana Rosa Aranas

Donation Counters: Betty Lorenz, Erika Myers,

Eliseo Ira

<u>Ministries</u>

Men's Club - David Pott
Women's Club - Nancy Nabrynski
Art and Environment - Arlene and John Collins
Altar Linen Society - Mary Narverud
Cleaning Groups - Erika Myers
Recycling Society - Erika Myers
Community Outreach - Deacon Victor Leach
Communication Media Outreach - Tyrone Navarro
Banyuhay Group USA - Amy San Pedro
Hispanic Ministry - Ana Rosa Aranas
Knights of Columbus - Grand Knight Rolando
Negranza

Missionary Families of Christ – Frank Lee

Sacraments / Sacramentals

Marriage Prep (6 month notice please) - Fr. Fred Baptism Prep (3 month notice) - 2nd Wednesdays of each month at 6:00pm at the church Reconciliation - See Fr. Fred after Mass Quinceañera Celebration - Call Office Secretary Sacrament of Anointing - Contact Fr. Fred Blessings - Contact Fr. Fred

MONTHLY CALENDAR

Mar 1 - Children's Rosary 2:00 pm in church.
Children and parents invited.

Mar 5 - Ash Wednesday - see cover for information about distribution of ashes and fasting.

Mar 7 - Stations of the Cross 7:00 pm

Mar 8 - Daylight Savings Time begins overnight

Mar 8/9 - Catholic Relief Services 2nd collection

Mar 11 - Men's Club meeting and dinner pot luck at the Nabrynski home at 6:00 pm.

Mar 14 - Stations of the Cross 7:00 pm

Mar 15 - MFC Lenten Day of Recollection from 9 to 4 at St. James Church, Fremont

Mar 15/16 - 2nd collection to pay off church loan Mar 15/16 - 3rd collection for Diocesan Appeal to support permanent diaconate program

Mar 18 - Women's Club meeting 1pm at Myer's

Mar 17 - St. Patrick's Day

Mar 19 - Feast of St. Joseph

Mar 21 - Stations of the Cross 7:00 pm

Mar 23 - Dinner/Dance planning meeting after the 11:30 Mass. See page 6 for info.

Mar 25 - Feast of the Annunciation to Mary

Mar 25 - Pastoral Council meeting 6:00 pm in the parish office.

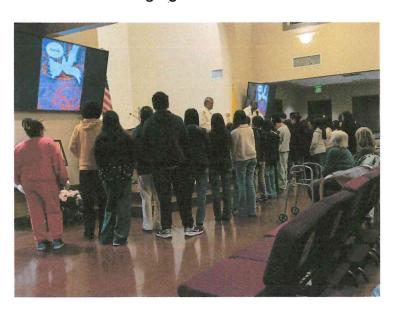
Mar 27 - Knights of Columbus meeting 7:00 pm

Mar 28 - Stations of the Cross 7:00 pm

Mar 29 - Finance Committee meeting at 9:00 am at church.

PRESENTATION OF THE LORD

On the weekend of February 1/2, when the Church celebrated the Feast of the Presentation of the Lord in the Temple, Father Fred and Deacon Victor invited our youth forward to present them to the congregation and to bless them.



PASTOR'S CORNER

My Dear Parishioners, Greetings to you all. I hope you are all in good condition of health. By the Grace of God the parish is moving on smoothly. We all together make our parish a safe place and better place to be. My joy every weekend is the opportunity to share a cup of coffee with you. That is the sense of belonging as one family. Let's all work hard to keep as such and bring everybody along. Whatever good thing or opportunity you find, please, share with us with none left behind. Together we succeed.

I thank God that our good leadership is building confidence in our kids. The kids need our support and encouragement. Let them all feel appreciated with just a little contribution they offer. Their choirs are performing marvelously beyond any imagination. I really love our kids and I can sit back and watch them perform to my admiration. I thank the parents from the bottom of my heart for bringing them this far through their support and sacrifice.

Easter celebration is around the corner and we will begin the festivities with the imposition of the ashes on Ash Wednesday, March 5, 2025 [see details on the cover]. The Easter Schedule has been prepared and I hope you will print it and paste it on your refrigerators to remind you of the celebrations [see details on page 6].

There will be Breakfast served on Easter Monday, April 21, 2025, with Mass at 9:00 am. Please, let us celebrate together the Easter Joy. And please, don't forget our Parish Fundraiser event on July 26, 2025 at 611 Amador St, Vallejo, CA. With every good wish, I remain,

- Reverend Father Frederick K.A. Kutubebi, Pastor



"Am I Irish? Are you kidding? I was born green!"

SUNDAY MASS READINGS FOR MARCH

Sunday, March 2 (Eighth Sunday in Ordinary Time)

A reading from the Book of Sirach 27:4-7: One's faults appear when one speaks. Tribulation is the test of the just. Take care in your speech lest it discloses an ill bend of your mind.

Responsive Psalm 92:2-3, 13-16: "Lord, it is good to give thanks to You."

Epistle Reading from St. Paul's First Letter to the Corinthians 15:54-58: Sin is the sting of death. Thanks to God, we are given victory over sin and death through Jesus Christ. Always stay firm and devoted to the work of the Lord. In that way, you will know that through the Lord, your labor is not in vain.

Gospel of Luke 6:39-45: Jesus uses a number of metaphors and parables to tell his disciples how they should live: The blind should not lead another blind person. Students are not superior to their teachers but should try to become like their teachers. Do not be a hypocrite - do not accuse your brother of having a fault if you yourself have the same fault. A good tree does not bear bad fruit; nor does a rotten tree bear good fruit. An evil person produces evil while a good person produces good. Every tree is known by its own fruit.

Sunday, March 9th (First Sunday of Lent)

A reading from the Book of Deuteronomy 26:4-10: Moses told the people that when things were bleak during their wanderings, they cried out to the Lord and He heard their prayers. The Lord rescued them and led them out of Egypt to the Promised Land,

Responsive Psalm 91:1-2, 10-11, 12-13, 14-15: "Be with me, Lord, when I am in trouble."

Epistle Reading from St. Paul's Letter to the Romans 10:8-13: Pail told the people that if they confess that Jesus is the Lord and believes that He was raised from the dead, then they will be saved. Whether Jew or Greek, the same Lord is Lord of all, and all will be saved.

Gospel of Luke 4:1-13: Luke's story of Jesus being led to the desert for forty days to pray and fast before He began His public ministry. The story tells of the devil's attempt three times to tempt Jesus to worship the devil. Jesus made it clear that no one should put the Lord to the test.

Sunday, February 16th (Second Sunday in Lent)

A reading from th Book of Genesis 15:5-12, 17-18: God showed Abraham the stars in the sky and told him that his descendants would be as numerous as those stars. After Abraham made burnt offerings to God, he fell into a deep sleep and had a vision wherein God made a covenant with Abraham and gave him the Promised Land.

Responsive Psalm 27:1, 7-8, 8-9, 13-14: "The Lord is my light and my salvation."

Epistle Reading from St. Paul's Letter to the Philippians 3:17–4:1: Paul tells the people that they should emulate him and do as he says and does. Anyone who does not follow the model of Jesus will be doomed as enemies of the Cross of Jesus. Do not be occupied with earthly things, he says, but instead, be citizens of heaven and in that way, they will stand firm in the Lord.

Gospel of Luke 9:28-36: This is Luke's version of the Transfiguration of Jesus on the Mountain. Jesus took Peter, James and John to the mountain top and His face and clothes changed appearance and became dazzling bright. Appearing there with Jesus were Moses and Elijah and the apostles were amazed. More amazingly, a voice came out of the clouds proclaiming that Jesus was His Son (as in the Son of God). And the disciples remained fearful and told no one at the time of their experience.

Sunday, March 23rd (Third Sunay of Lent)

A reading from Exodus 3:1-8, 143-15: While Moses was tending a flock of sheep, he was led up a mountain and there an angel of the Lord appeared within burning bush. When Moses tried to examine how the bush could be burning but was not consuming itself, the Lord Himself appeared to Moses. God told Moses that He was aware that the people were complaining of their mistreatment at the hands of the Egyptians and that He would rescue them. Moses asked what if the people did not believe Moses' account, and the Lord said to tell them that "I am who Am' sent Moses to them.

Responsive Psalm 103: 1-2, 3-4, 6-7, 8, 11: "The Lord is kind and merciful."

Epistle Reading from St. Paul's First Letter to the Corinthians 10:1-6, 10-12: Paul reminded the people how God brought their ancestors out of Egypt and fed them with food and spiritual drink. He told the people that they should trust in God and not grumble as their ancestor had done. They should stand firm in their belief.

Gospel of Luke 13:1-9: Jesus told the people that if they did not repent, they would perish as others had done. He then told them the parable of the barren fig tree that the owner of the orchard wanted to cut down. But the owner's workers convinced him to spare the tree on the promise that they would water the tree and take care of the soil. And in the way, the tree would produce good fruit in the future.

Sunday, March 30th (Fourth Sunday of Lent)

A reading from the Book of Joshua 5:9-12: While the Israelites were in Jericho near the Promised Land, they ate the Passover meal as they had done each year prior. The next day, the manna did not appear but the Israelites were then able to eat from the yield of the land of Canaan and their ordeal was over.

Responsive Psalm 34: 2-7: "Taste and see the goodness of the Lord."

Epistle Reading from the Second Letter of St. Paul to the Corinthians 5:17-21: Paul tells the people that the old things have passed away and that new things have appeared in the form of Christ who has become a new creation. He called on the people to be ambassadors for Christ and allow God to appeal to others through them. In that way, they will be reconciled to God through Christ.

Gospel of Luke 15:1-3, 11-32: This is the parable of the Prodigal Son, spoken by Jesus to the Pharisees and Scribes who were complaining that Jesus was sharing himself with sinners. This parable appears only in Luke's Gospel. Listen well to the Gospel reading (or read these verses on your own) and you will readily remember the story and its moral. When you do, ask yourself which character seems closest to your own method of dealing with others (the father or the wayward son or the angry other son).

CONFIRMATION CANDIDATES

50+ of our Holy Family youth (plus other additional parishioners) will be receiving the Sacrament of Confirmation the week before Easter. As part of the candidates' recent retreat day, each was challenged to write a **Haiku** poem expressing their personal faith in poetic form. You will be amazed at their creativity and their expressions of faith. A sampling of their creations may be found on pages 5 and 6. As space allows, more will be shared in next month's bulletin.

A haiku is a type of Japanese poem that always uses the same number of syllables in a three-line format:

- the first line is five syllables
- the second line is seven syllables
 - the third line is five syllables

Unlike other poems, haikus usually don't rhyme.

DAILY READINGS FOR MARCH



Monday, March 3rd Sirach 17:20-24 Psalm 2:1-2, 5, 6, 7 Mark 10:17-27

Tuesday, March 4th Sirach 35:1-12 Psalm 50:5-6, 7-8, 14, 23 Mark 10:28-31

Wednesday. March 5th (Ash Wednesday) Joel 2:12-18 Psalm 51:3-6,12-14, 17 2 Corinthians 5:20-6:2 Matthew 6:1-6, 16-18

Thursday, March 6th
Deuteronomy 30:15-20
Psalm 1:1-2, 3, 4 and 6
Luke 9:22-25

Friday, March 7th Isaiah 58:1-9 Psalm 51:3-4, 5-6, 18-19 Matthew 9:14-15

Saturday, March 8th Isaiah 58:9-14 Psalm 96:1-6 Luke 5:27-32

Monday, March 10th Leviticus 19:1-2, 11-18 Psalm 19:8-10, 15 Matthew 25:31-46

Tuesday, March 11th Isaiah 55:10-11 Psalm 4:4-7, 16-19 Matthew 6:7-15 Wednesday, March 12th Jonah 3:1-10 Psalm 51:3-4, 12-13, 18-19 Luke 11:29-32

Thursday, March 13th
Esther C:12, 14-16, 23-25
Psalm 138:1-3, 7-8
Matthew 7:7-12

Friday, March 14th Ezekiel 18:21-28 Psalm 130:1-8 Matthew 5:2-26

Saturday, March 15th
Deuteronomy 26:16-19
Psalm 119:1-2, 4-5, 7-8
Matthew 5:43-48

Monday, March 17th
Daniel 9:4-10
Psalm 79:8, 9, 11 and 13
Luke 6:36-38

Tuesday, March 18th Isaiah 1:10, 16-20 Psalm 50:8-9, 16-17, 21, 23 Matthew 23:1-12

Wednesday, March 19th (Solemnity of Saint Joseph) 2 Samuel 7:4-5, 12-14, 16 Psalm 89:2-3, 4-5, 27 and 29 Romans 4:13, 16-18, 22 Matthew 1:16, 18-21, 24

Thursday, March 20th
Jeremiah 17:5-10
Psalm 1:1-2, 3, 4 and 6
Luke 16:19-31

<u>Friday. March 21st</u> Genesis 37:3-4,12-13, 17-28 Psalm 105:16-21 Matthew 21:33-43, 45-46

Saturday, March 22nd Micah 7:14-15, 18-20 Psalm 103:1-4, 9-12 Luke 15:1-3, 11-32

Monday, March 24th 2 Kings 5:1-15 Psalm 42:2, 3; 43:3, 4 Luke 4:24-30 Tuesday, March 25th (The Annunciation) Isaiah 7:10-14; 8:10 Psalm 40:7-11 Hebrews 10:4-10 Luke 1:26-38

Wednesday March 26th
Deuteronomy 4:1, 5-9
Psalm 147:12-16, 19-20
Matthew 5:17-19

Thursday, March 27th Jeremiah 7:23-28 Psalm 95:1-2, 6-7, 8-9 Luke 11:14-23

Friday, March 28th Hosea 14:2-10 Psalm 81:6-11, 14, 17 Mark 12:28-34

Saturday, March 29th Hosea 6:1-6 Palm 51:3-4, 18-21 Luke 18:9-14

HAIKU POEMS

See page 4

Jesus is my faith
Jesus is and will be hope
He makes me believe
- - Max H.

I Love God so much He Watches over us all He is our Savior - - Jaia M.

God is powerful God is everything in Life Faith is Wonderful - - Brian R.

Faith will always work
Trust in God, love only good
That faith will pay off.
- - Valentina H

God is our Father
I have love and faith for God
God has peace for us
- - Amairani

EARLY START ON EASTER WEEK

H. F. RECYCLING

Mark your April calendars early; save these dates:

† April 12 & 13 - Palm Sunday weekend regular Mass times with distribution of palms

† April 17 - Holy Thursday - No morning Mass 7:30 pm Mass of the Last Supper

† April 18 - Good Friday - 3:00 pm Stations of the Cross plus 7:30 pm Veneration of the Cross

† April 19 - Holy Saturday - No 5:15 pm Mass 7:30 pm Easter Vigil Mass

† April 20 - Easter Sunday - regular Mass times

+ April 21 - Easter Monday - 9:00 am Mass with breakfast following Mass

P.S. Remember: Stations of the Cross on each Friday during Lent at 7:00 pm

DINNER DANCE INFO

Saturday, July 26th - doors open at 5:00 pm

Tickets to the Mardi Gras themed dinner dance (as below) will be on sale this weekend after all Masses. Also available will be raffle tickets for the drawings. Tickets will be limited for the buffet dinner.

We are soliciting donated items that might be used as prizes for the silent auction or for the raffle. Contact Romy Blanquera for information about prize donations, corporate sponsors, or program ads at (707) 290-5047

The next planning meeting for the Dinner Dance event will be on March 23rd at 1:00 pm at church.

We continue recycling at Holy Family to raise funds for our "Pay Off the Loan" project. Please save PET plastic bottles and aluminum cans. No liquids should remain in the bottles when you turn them in. AND VERY IMPORTANT: CAPS MUST REMAIN ON THE BOTTLES. When you have a full bag, call Erika at 707-648-6335 to arrange drop off.

More Haiku Poems

See page 4

I'm one with the Lord He's done everything for us So I worship Him - - Evan G.

Jesus is our Lord Jesus is our one savior Jesus is holy - - Itzel M.

I love Jesus Christ My savior and Lord Jesus Stay in my presence - - Chiara J.

I wake up to Joy Because of Jesus who died To save us from sin - - Leslie G.

I pray everyday Because I love Jesus Christ My Savior and Lord Jesus He is my savior - - Camila P

God my faith shall grow With holy power divine Trust the Lord Jesus - - Nathaniel J.

God is good to me God protects his from evil God looks over me -- Aaron P.

Everyday brings me joy God is helping me through The tough times so thanks - - David Z.

I love Jesus Christ He is my Lord and Savior God is amazing - - Zoey P.

I love Jesus Christ Stay in my presence - - Fernando



HOLY FAMILY CATHOLIC CHURCH CHALLENGE FOR MARCH

[1] This year, Ash Wednesday does indeed fall on the first Wednesday of March (March 5th); but NO, it does not always fall on the first Wednesday of March. Ash Wednesday's date is based on the date for Easter Sunday, which is moveable. Ash Wednesday is always 46 days before Easter, which accounts for the 40 days of Lent plus the six Sundays in Lent. The span of possible dates for Ash Wednesday is from February 4th to March 10th, so it is rather late this year reflecting the late date for Easter (April 20th).

[2] YES, the day before Ash Wednesday is called "Shrove Tuesday" - and also "Fat Tuesday" or Mardi Gras ("Fat Tuesday" in French). The word "Shrove" is from an archaic Old English word "Shrive" meaning "confession" or "absolution." In the Middle Ages, church bells would ring on the day before Ash Wednesday to signal to Christians that they should go to church to prepare for Lent by confessing their sins and receiving absolution from a priest. The "Fat" part of "Fat Tuesday" indicated that it was the last day to gorge before people would begin abstaining from rich foods during Lent.

[3] **YES**, depending on one's age and medical condition, there are Church guidelines as to fast and abstinence regulations on Ash Wednesday. Check the cover of the bulletin for specifics.

[4] **NO**, the distribution of ashes is not limited to following a Mass on Ash Wednesday. Again, see the cover of the bulletin for appropriate times when ashes will be distributed at Holy Family.

[5] YES and NO! Ashes as we know them (in the form of a cross to remind us of the Crucifixion of Jesus) is a rather recent custom in the American Church. Other countries such as in Europe and Latin American do not have the ashes imprinted in the form of a cross, but have the ashes sprinkled over one's head. In the Middle Ages, men had them scattered over their heads while women (who typically wore scarves) would have them sprinkled on their foreheads. But back to the original question about biblical days: In the Bible, ashes were not actually rubbed on one's forehead. Instead, the custom of wearing "sackcloth and ashes" symbolizing repentance and sorrow can be found in a number of Old Testament books (Jonah 3:6 and Esther 4:1) and even New Testament books (Matthew 11:21 and Hebrews 9:13). Specifically, a person showed repentance for their sins by publicly wearing "sackcloth and ashes" and asking forgiveness from those they may have sinned against and asking for God's absolution.

707-645-9331 PAGE 7 LECTOR SCHEDULES

1st reader / 2nd reader

Weekend of March 1/2

5:15: MFC / MFC

7:30: Davet Mohammed / Ernie Zambrano

9:30: Mari9e Walton / Bill Walton

11:30: Nidia Romabiles / Amber Salazar (Esp.)

Weekend of March 8/9

5:15: Shirlese Hayes / Susan Dingli

7:30: Roselle Tamoro / Leslie Gaffney

9:30: Josie Rubang / Betty Lorenz

11:30: Danny Barcelon / Lily Maldonado (Esp.)

Weekend of March 15/16

5:15: Rolly Negranza / Catherine Pott

7:30: Hemmy Bacareza / Greg Bacareza

9:30: Bill Walton / Rona Yacob

11:30: Sammy Ventura / Alexandra Ventura (Youth)

Weekend of March 22/23

5:15: David Mezzera / Debbie Adams

7:30: Davet Mohammed / Ernesto Zambrano

9:30: Marie Walton / Bernie Borges

11:30: Justine Gemo / Marco Pomatz (Esp.)

Weekend of March 29/30

5:15: David Pott / Melita Negranza

7:30: Rose Borja / Leslie Gaffney

9:30: Rona Jacob / Frank Lee

11:30: Suzette Yturralde / Marina Maldonado (Esp.)

EM SCHEDULES

Weekend of March 1/2

5:15: MFC

7:30: Nina Tolentino

9:30: Dolly Flores / Norma Flores / Maria Leach

11:30: Rose Tamoro / Percy Barcelon / Ana Rosa Aranas

Weekend of March 8/9

5:15: Romy Blanquera

7:30: Leslie Gaffney

9:30: Rex Samaniego / Bill Walton / Erika Myers

11:30: Marnel Yturralde / Danny Barcelon / Francisco Jimenez

Weekend of March 15/16

5:15: Shirlees Hayes

7:30: Nina Tolentino

9:30: Bill Walton / Marie Walton / Rona Yacob

11:30: Percy Barcelon / Marina Maldonado / Rose Tamoro

Weekend of March 22/23

5:15: Romy Blanquera

7:30: Leslie Gaffney

9:30: Maria Leach / Erika Myers / Rex Samaniego

11:30: Francisco Jimenez / Marnel Yturralde / Numer Tamoro

Weekend of March 29/30

5:15: David Mezzera

7:30: Nina Tolentino

9:30: Dolly FLores / Norma FLores / Erika Myers

11:30: Percy Barcelon / Suzette Yturralde / Ana Rosa Aranas



Holy Family Catholic Church American Canyon, CA