



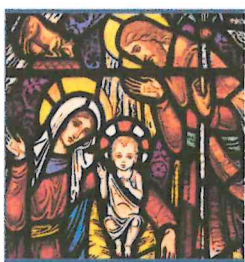
HOLY FAMILY CATHOLIC PARISH

AUGUST 2024 BULLETIN

CHALLENGES FOR AUGUST

On August 6th, the Church celebrates the event known as the **Transfiguration of Jesus**. This month's challenges are numerology questions: In how many Gospels may we find the event of the **Transfiguration**? How many apostles are on the mountain top with Jesus? How many tents does Peter suggest that they build? Which number in the Luminous Mysteries of the Rosary is the **Transfiguration**? [See page 7 for the answers to this month's challenges.](#)

HOLY FAMILY PRAYER



May God bless each family present and bless our entire Holy Family Parish. Make it like the family of your Son. May our moments of sorrow give way to the seasons of joy. May the memory of harsh words fade before the warmth of a loving touch. May the tears of sorrow be replaced by the music of laughter. May resentment be banished from our families. And may forgiveness reign in our hearts today and everyday. Amen.

Holy Family Parish continues to offer Communion for the sick and homebound. If you are interested (for yourself or others) contact the parish office.



Thumbs up, kudos and hand claps to: Our **HF Knights of Columbus Council 15750** for providing coffee and treats every Sunday following early morning Masses. And to our **various talented musicians and choirs** (youth, MFC, and multiple adult groups) for providing us with inspirational music for our Saturday and Sunday Masses. Check throughout this bulletin for some lighthearted thoughts about hymn titles, such as the hymn dedicated to dentists: 'Crown Him with Many Crowns!'



Holy Family Catholic Church

200 Antonina Ave.,
American Canyon, CA
94503

**Parish Main: (707)
645-9331**

**Parish Fax: (707)
731-1637**

**Parish Cell: (707)
653-4646**

Clergy

Father Fred Kutubebi
Ext. #101

[Pastor@holysfamily-
amcan.church](mailto:Pastor@holysfamily-amcan.church)

Deacon Victor Leach
Ext. #104

[Deacon@holysfamily-
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Deacon Mike Simmons
(Retired) Ext. #104

Mass Schedule

Tuesday - Friday: 8:30 AM

Saturday: 5:15 PM

Sunday: 7:30 AM, 9:30 AM & 11:30 AM

Every 3rd Sunday @ 11:30 AM - Youth Mass

**Please call the office and leave a message for
Committee or Ministry Volunteer leaders below:**

Pastoral Council Chairs: Leslie Gaffney and
Davet Mohammed

PastoralCouncil@holysfamily-amcan.church

Finance Committee Chair: Zenaida Alejandrino

FinanceCouncil@holysfamily-amcan.church

Liturgy Committee Chair: Father Fred Kutubebi

Spanish Committee Chair: Karina Servente

Donation Counters: Betty Lorenz, Erika Myers,
Eliseo Ira

Ministries

Men's Club – David Pott

Women's Club – Nancy Nabrynski

Art and Environment - Arlene and John Collins

Altar Linen Society - Mary Narverud

Cleaning Groups - Erika Myers

Recycling Society - Erika Myers

Community Outreach - Deacon Victor Leach

Communication Media Outreach - Tyrone Navarro

Banyuhay Group USA – Amy San Pedro

Fil-Am – Jod'l Cruz

Hispanic Ministry – Anna Castro

Knights of Columbus – Grand Knight Rolando
Negranza

Missionary Families of Christ – Frank Lee

Sacraments / Sacramentals

Marriage Prep (6 month notice please) - Fr. Fred
Baptism Prep (3 month notice) - 2nd Wednesdays
of each month at 6:00pm at the church

Reconciliation - See Fr. Fred after Mass

Quinceañera Celebration - Call Office Secretary

Sacrament of Anointing - Contact Fr. Fred

Blessings - Contact Fr. Fred

[Mass hymn dedicated to obstetricians: "What Child Is
This?"](#)

Office and Administration

Office Secretary: Rose Tamoro Ext. #103

Secretary@holysfamily-amcan.church

Bookkeeper: Mary Narverud Ext. #102
Bookkeeper@holysfamily-amcan.church

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Deacon@holysfamily-amcan.church

Social Media: Tyrone Navarro
SocialMedia@holysfamily-amcan.church

[Mass hymn dedicated to quarterbacks: "Pass It On"](#)
(also the Mass hymn dedicated to gossipers!)



Holy Family Catholic Church

American Canyon, CA

MONTHLY CALENDAR

- Jul 28 - KC hosting Chapter meeting 8:30 am.
 Jul 28 - ONE MASS ONLY TODAY - [see page 7](#)
 for full details of 30th anniversary fete.
 Jul 30 - Pastoral Council meeting 6:00 pm in
 the parish office.
 Aug 3 - Children's Rosary 2:00 pm in church.
 Children and parents invited.
 Aug 13 - Men's Club meeting 6:00 pm - pot luck
 dinner/meeting. Location TBA.
 Aug 14 - Meet Me in the Street, 5-8 pm. HF will
 have a table.
 Aug 17/18 - Collection to pay off church loan.
 Aug 20 - Women's Club meets 1:00 pm at
 church.
 Aug 22 - Knights of Columbus Council 15750
 meeting 7:00 pm in church CCD room.
 Aug 27 - Pastoral Council meeting 6:00 pm in
 the parish office.
 Aug 31 - Finance Committee meeting at 9:00 am
 at church.

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Mass hymn dedicated to optometrists: "Be Thou My Vision"

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IN HONOR OF FATHER FRED'S 26th Ordination Anniversary (on July 26th), here's a quiz to challenge you about his home country of Ghana. [See page 6 for the answers.](#)

1. What is Ghana's capital city? [A] Accra; [B] Kumasi; [C] Tamale; [D] Kotoka
2. The name Ghana comes from the Soninke language meaning: [A] warrior king; [B] coastside; [C] plantation; [D] volcanic
3. Ghana is surrounded by the Atlantic Ocean and three countries. Which of the following is not one of the three countries? [A] Benin; [B] Ivory Coast; [C] Burkina Faso; [D] Togo
4. Ghana is the second largest exporter in the world for which product? [A] cocoa beans; [B] coffee beans; [C] tea leaves; [D] plantains (bananas)
5. One of Father Fred's middle names is **Kofi**. What is the significance of this name? It indicates that: [A] he was born on a Friday; [B] he is the eldest child; [C] he is the eldest male child; [D] this was his mother's maiden name



National flag of Ghana: The red signifies the blood of those who fought and died for independence, the gold for the resources found in Ghana and the green for Ghana's forests. The star signifies unity against colonialism.

YOUR FAVORITE HOLY FAMILY HOLY CARD?



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Mass hymn dedicated to gamblers: "We Three Kings."

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Mass hymn dedicated to ophthalmologists: "Open My Eyes that I Might See"

SUNDAY MASS READINGS FOR AUGUST**Sunday, July 28th (Seventeenth Sunday in Ordinary Time)**

A reading from the Second Book of Kings 4:42-44 - Elisha was given twenty barley loaves and stalks of fresh grain. He told his servants to give the food to the people to eat for they were hungry. But the servants objected, saying that there was not enough food for the hundreds of people who were starving. Elisha told them to spread the food anyway because the Lord would provide and the people would eat and even have some leftovers.

Responsive Psalm 145:10-11, 15-18 - "The hand of the Lord feeds us; He answers all our needs."

Epistle Reading from St Paul's Letter to the Ephesians 4:1-6 - Paul tells the people to live lives filled with humility, gentleness and patience. They should bear with one another through love. There is one body, one Spirit, one Lord, one faith, one baptism, and one God who is over all and through all and in all.

Gospel of John 6:1-15 - This is the well-known story of the "multiplication of the loaves and fish," which is unique as it is the only miracle story of Jesus that appears in all four Gospels. In John's version, five loaves and two fish were miraculously shared with 5000+ people, and they believed that Jesus was the truly the Prophet.

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Sunday, August 4th (Eighteenth Sunday in Ordinary Time)

A reading from the Book of Exodus 16:2-4, 12-15: After the Israelite community grumbled against Moses and God saying that they did not have enough food or water to cross the desert, the Lord provided bread from heaven in the form of manna and provided food in the form of quail that fell into the camps.

Responsive Psalm 78:3-4, 23-25, 54 - "The Lord gave them bread from heaven."

Epistle Reading from St. Paul's Letter to the Ephesians: Paul tells the people of Ephesus that they no longer live as the Gentiles do since they have been given the truth in Jesus, who is Truth. The people should put away their old ways and put on a new self which has been created in the righteousness and holiness of God.

Gospel of John 6:24-35: When the people could not find Jesus, they searched Him out by boat and found Him across the sea. Jesus told them to believe in the One whom the Father sent, but they asked for a sign from Jesus, like the manna given to their ancestors in the desert by Moses. But Jesus reminded them that it was not Moses but the Father who gave the true bread from heaven. When they asked Jesus for some of the bread themselves, He told them that He was the bread and whoever comes to Him will never hunger.

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Sunday, August 11th (Nineteenth Sunday in Ordinary Time)

A reading from the First Book of Kings 19:4-8: Elijah journeyed into the desert in total dejection and lay down under a tree. An angel touched him and told him to get up and eat, which he did. He then fell asleep, but again was awakened by the angel who told him again to get up and eat to give him strength, which he did. He then walked forty days and forty nights to Horeb, the mountain of God.

Responsive Psalm 34:2-3, 4-5, 6-7, 8-9 - "Taste and see the goodness of the Lord."

Epistle Reading from St. Paul's Letter to the Ephesians 4:30-5:2 - Paul tells the people to remove all malice from them, get rid of all bitterness and anger and shouting. He tells them to be imitators of God and live in love.

Gospel of John 6:41-51 - When Jesus had told the people that He was the bread come down from heaven, they murmured among themselves and asked how this could be since they knew Jesus as the son of Joseph and Mary. Jesus knew their feelings and told them that He was sent from God and they should listen to God if they want to become one with Him. He reminded them that the bread of manna was temporary but that the bread that comes down from heaven is forever.

Sunday, August 18th (Twentieth Sunday in Ordinary Time)

A reading from Proverbs 9:1-6: A metaphorical view of "Wisdom" which provides food and drink and calls out over the city. She tells the people to eat of her food and drink of her wine, and forget foolishness and live in the way of understanding of wisdom.

Responsive Psalm 34:2-7 - "Taste and see the goodness of the Lord."

Epistle Reading from St. Paul's Letter to the Ephesians 5:15-20 - Paul tells the people to remove ignorance and learn the will of the Lord. They should not live in foolishness or debauchery, but should be filled with the Spirit. They should sing psalms and hymns and give thanks for everything in the name of the Lord Jesus Christ.

Gospel of John 6:51-58 - Jesus again tells the people that He is the bread that has come down from heaven and that the bread is His flesh given for the world. Again, the people grumbled about Jesus' sayings but He insisted that whoever eats His flesh and drinks His blood remains in Jesus forever. Their ancestors ate manna and still died, but they can eat this new bread and live forever.

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Sunday, August 25th (Twenty-first Sunday in Ordinary Time)

A reading from the Book of Joshua 24:1-2, 15-18 - Joshua gathered all the people and their elders and leaders and told them that if they did not wish to serve the Lord, then they should leave and decide whom they will serve. Joshua tells the people that he and his family will serve the Lord and the people agreed not to forsake the Lord since it was the Lord who brought them out of slavery and out of the desert, protecting them on their journey.

Responsive Psalm 34:2-3, 16-17, 18-19, 20-21 - "Taste and see the goodness of the Lord."

Epistle Reading from a shorter version of St. Paul's Letter to the Ephesians 5:25-32 - Live in love as Christ loved us. Husbands, love your wives as Christ loved the Church. A man shall leave his father and mother and be joined to his wife, to nourish and cherish her, just as Jesus does the Church.

Gospel of John 6:60-69 - The words that Jesus spoke are Spirit and life. No one can come to Him unless granted by His Father. When some disciples couldn't accept this, then left left, and Jesus asked the Twelve if they wanted to leave; but Peter said, to whom would they go? Jesus has the words of eternal life and Peter knew He was the Holy One of God.

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Sunday, September 1st (Twenty-second Sunday in Ordinary Time)

A reading from the Book of Deuteronomy 4:1-2, 6-8 - Moses tells the people that they should observe the commandments of the Lord, not adding to them or subtracting from them. The Israelite nation will thus become great and produce wise and intelligent people. They should observe the statutes that Moses is teaching them.

Responsive Psalm 15:2-5 - "The one who does justice will live in the presence of the Lord."

Epistle Reading from the Letter of James 1:17-18, 21-22, 27 - James tells his brothers and sisters that all perfect gifts are from above, coming down from the Father. We are His first fruits. He is able to help us save our souls. Don't delude yourselves by only being hearers of the word; be also doers of the word.

Gospel of Mark 7:1-8, 14-15, 21-23 - The Pharisees and scribes challenged Jesus' followers for eating their meals without observing the Jewish customs and rules of cleanliness. The Apostles go about their business without purifying themselves according to Jewish law. Jesus calls these people hypocrites because they disregard God's commandments but pretend to stick to human tradition. Food from the outside cannot defile a person but what evil is inside a person has already defiled them.

DAILY READINGS FOR AUGUST



Monday, July 29th

Jeremiah 13:1-11
Deuteronomy 32:18-21
John 11:19-27

Tuesday, July 30th

Jeremiah 14:17-22
Psalm 79:8, 9, 11, 13
Matthew 13:36-43

Wednesday, July 31st

Jeremiah 15:10, 16-21
Psalm 59:2-4, 10-11, 17, 18
Matthew 13:44-46

Thursday, August 1st

Jeremiah 18:1-6
Psalm 146:1-6
Matthew 13:47-53

Friday, August 2nd

Jeremiah 26:1-9
Psalm 69:5, 8-10, 14
Matthew 13:54-58

Saturday, August 3rd

Jeremiah 26:11-16, 24
Psalm 69:15-16, 30-34
Matthew 14:1-12

Monday, August 5th

Jeremiah 28:1-7
Psalm 119:29, 43, 79, 80, 95, 102
Matthew 14:13-21

Tuesday, August 6th

(Transfiguration)

Deuteronomy 7:9-10, 13-14
Psalm 97:1-2, 5-6, 9
2 Peter 1:16-19
Mark 9:2-10

Wednesday, August 7th

Jeremiah 31:1-7
Response: Jeremiah 31:10-13
Matthew 15:21-18

Thursday, August 8th

Jeremiah 31:31-34
Psalm 51:12-15, 18-19
Matthew 16:13-23

Friday, August 9th

Nahum 2:1, 3; 3:1-3, 6-7
Deuteronomy 32:35-36, 39, 41
Matthew 16:24-28

Saturday, August 10th

2 Corinthians 9:6-10
Psalm 112:1-2, 5-6, 7-8, 9
John 12:24-26

Monday, August 12th

Ezekiel 1:2-5, 24-28
Psalm 148:1-2, 11-12, 13, 14
Matthew 17:22-27

Tuesday, August 13th

Ezekiel 2:8-3:4
Psalm 119:14, 24, 72, 103, 111, 131
Matthew 18:1-5, 10, 12-14

Wednesday, August 14th

Ezekiel 9:1-7, 10:18-22
Psalm 113:1-6
Matthew 18:15-20

Thursday, August 15th

(Feast of the Assumption)

Revelation 11:19; 12:1-6, 10
Psalm 45:10, 11, 12, 16
1 Corinthians 15:20-27
Luke 1:39-56

Friday, August 16th

Ezekiel 16:1-15, 60, 63
Isaiah 12:2-3, 4-6
Matthew 19:3-12

Saturday, August 17th

Ezekiel 18:1-10, 13, 30-32
Psalm 51:12-15, 18-19
Matthew 19:13-15

Monday, August 19th

Ezekiel 24:15-23
Deuteronomy 32:18-21
Matthew 19:16-22

Tuesday, August 20th

Ezekiel 18:1-10
Deuteronomy 32:26-30, 35-36
Matthew 19:23-30

Wednesday, August 21st

Ezekiel 34:1-11
Psalm 23:1-6
Matthew 20:1-16

Thursday, August 22nd

Ezekiel 36:23-28
Psalm 51:12-15, 18-19
Matthew 22:1-14

Friday, August 23rd

Ezekiel 37:1-14
Psalm 107:2-3, 4-5, 6-7, 8-9
Matthew 22:34-40

Saturday, August 24th

Revelation 21:9-14
Psalm 145:10-13, 17-18
John 1:45-51

Monday, August 26th

2 Thessalonians 1:1-5, 11-12
Psalm 96:1-5
Matthew 23:13-22

Tuesday, August 27th

2 Thessalonians 2:1-3, 14-17
Psalm 96:10-13
Matthew 23:23-26

Wednesday, August 28th

2 Thessalonians 3:6-10, 16-18
Psalm 128:1-2, 4-5
Matthew 23:27-32

Thursday, August 29th

1 Corinthians 1:1-9
Psalm 145:2-7
Mark 6:17-29

Friday, August 30th

1 Corinthians 1:17-25
Psalm 33:1-2, 4-5, 10-11
Matthew 25:1-13

Mass hymn dedicated to restaurant workers: "Fill My Cup, Lord"

RELIGIOUS EDUCATION

Mark your calendars! Religious education classes will begin the week of September 3rd. Check the schedule on the CCD classroom windows according to grade and teacher. **Parents need to attend the first day of class with their student to meet teachers.**

Mass hymn dedicated to geologists: "Rock of Ages"

H. F. RECYCLING

We continue recycling at Holy Family to raise funds for our "Pay Off the Loan" project. Please save PET plastic bottles and aluminum cans. **REMEMBER PLEASE: NO LIQUIDS SHOULD REMAIN IN ANY BOTTLES WHEN YOU TURN THEM IN.** When you have a full bag, call Erika at 707-648-6335 to arrange drop off.



GHANA QUIZ ANSWERS

All of the correct answers are the [A] choices! Some added information includes: For #1, [B] and [C] are other major Ghanaian cities and [D] is the name of the international airport near Accra. For #2, in the Middle Ages, the king of each tribe was called "The Ghana" or Warrior King. For #3, Benin does not have border with Ghana but is immediately east of Togo. For #4, Ghana produces all of those products but is most known for exporting cocoa beans, especially to Germany and the United States where they are made into wonderful chocolates. For #5, children from Ghanaian families are given an extra name depending on the day of the week they were born. For our own Father Fred, his full name is Rev. Frederick Kofi Ackon (K. A.) Kutubebe, the Kofi signifying his birth day of the week (Friday) and Ackon given by his parents to signify his being the ninth male born to his large family. If you know the day of the week you were born, you could ask Father what your Ghanaian middle name would be!

Mass hymn dedicated to Gardners: "Lo, How a Rose E'er Blooming"

RELAY FOR LIFE

August 3rd/4th - Relay for Life with a Holy Family team representing us. See Carol Strausborger for more info about the Relay for Life event itself and to sign up to help that weekend.

Mass hymn dedicated to zookeepers: "All Creatures of Our God and King"

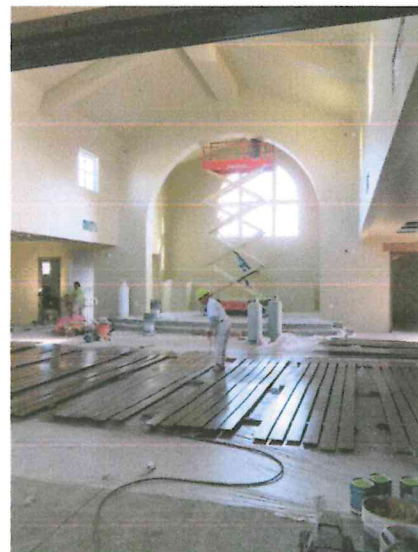
WOMEN'S 3-DAY CURSILLO

The **Cursillos in Christianity** is an apostolic movement of the Catholic Church. The Cursillos in Christianity Filipino Group in the Diocese of Sacramento is hosting a Women's Retreat Weekend on **August 15-18** at Christ the King Retreat Center in Citrus Heights. Experience a weekend that offers Christian laypeople the tools to re-energize their Catholic faith and become effective Christian leaders. Transportation will be provided. For more information and/or to obtain an application, you may contact Margie Weiner, Diocesan Coordinator, at 707-567-5556. All Holy Family women are invited to attend.

JULY 28TH IS THE DAY!

It's hard to believe what all will be squeezed into one Sunday on **July 28** for the 30th Anniversary celebration of Holy Family Parish. Join us!

- ✓ Knights of Columbus local chapter meeting at 8:30am.
- ✓ One Mass only at 10:30am outside under a canopy/tent for all to attend.
- ✓ Open house and celebration from noon to 4pm for ALL parishioners to attend.
- ✓ Hamburgers, hot dogs, side dishes, salads, desserts and drinks to share.
- ✓ Entertainment (band and DJ) - bring your dancing shoes!
- ✓ A program about the history of Holy Family Including building our new sanctuary (below)



LECTOR SCHEDULES

1st reader / 2nd reader

The Diocesan Office for Religious Education, warmly invites you to attend the 2024 Santa Rosa Religious Education Congress and experience all that our event has to offer. Fliers are available (*en Español también*) in the church lobby. FREE! Coffee & donuts / lunch available.

Date: Saturday, September 21, 2024

Time: 8:00 am - 4:00 pm includes Mass

Place: Cardinal Newman High School, Santa Rosa

CHALLENGES FOR AUGUST



The story of the **Transfiguration of Jesus** on the mountain top appears in all **3** of the Synoptic Gospels (Matthew 17:1-8, Mark 9:2-8, and Luke 9:28-36). This year on August 6th to remember this event, the Gospel of Mark will be used. In addition, the Epistle reading on that day will be from the Second Letter of Peter 1:16-19 in which Peter recounts being an eyewitness to this very event on the holy mountain. Peter suggests to the Lord that the **3** of them (himself, James and John) build **3** tents, one for Jesus and one each for Moses and Elijah - who appear in the vision on the mountain. Read one of the Gospel accounts (or all **3**) to view more of the story of Jesus glowing with a white-light radiance and of God speaking from the clouds about His Son, Jesus. On the last question about the Luminous Mysteries of the Rosaries, this new, fourth set of Mysteries was proposed by Pope John Paul II in 2002. The **Transfiguration** is not the **3rd** but is the **4th** Mystery among the five. The others are: (1) Jesus baptized in the River Jordan; (2) the wedding at Cana; (3) the proclamation of the Kingdom; and (5) the institution of the Eucharist. You may pray the rosary using these Luminous Mysteries in addition to the other Mysteries of the Rosary (Glorious, Sorrowful and Joyful).

Mass hymn dedicated to bakers: "When the Roll Is Called Up Yonder."

Weekend of July 27/28

5:15: Melita Negranza / David Pott
10:30 Rose Tamoro / David Mezzera

Weekend of August 3/4

5:15: MFC / MFC
7:30: Ernie Zambrano / Leslie Gaffney
9:30: Marie Walton / Josie Rubbing
11:30: Numer Tamoro / Francisco Jimenez (Esp.)

Weekend of August 10/11

5:15: Debbie Adams / Rolly Negranza
7:30: Hemmy Bacareza / Greg Bacareza
9:30: Rona Yacob / Bill Walton
11:30: Nidia Romabiles / Marina Maldonado (Esp.)

Weekend of August 17/18

5:15: Melita Negranza / Catherine Pott
7:30: Rose Borja / Roselle Tamoro
9:30: Josie Rubbing / Betty Lorenz
11:30: Gabriella David / Justin Sacramento (Youth)

Weekend of August 24/25

5:15: Romy Blanquera / Shirlese Hayes
7:30: Davet Mohammad / Ernie Zambrano
9:30: Teri Urrutia / Frank Lee
11:30: Justin Gimo / Xochtil Rivera (Esp.)

Weekend of August 31/Sept. 1

5:15: Debbie Adams / David Mezzera
7:30: Roselle Tamoro / Leslie Gaffney
9:30: Josie Rubbing / John Collins
11:30: Rose Tamoro / Marina Maldonado (Esp.)

EM SCHEDULES

Eucharistic Ministers' stations: (1) Knights of Columbus Room (2) Lobby (3) CCD Room

Weekend of July 27/28

5:15: Cathrine Pott / Romy Blanquera
10:30 Arlene Collins / Numer Tamoro / Maria Leach

Weekend of August 3/4

5:15: MFC
7:30: Virginia Zambrano
9:30: (1) Dolly Flores (2) Norma Flores (3) Erika Myers
11:30: (1) Marnel Yturralde (2) Danny Barcelon (3) Rose Tomoro

Weekend of August 10/11

5:15: Romy Blanquera
7:30: Nina Tolentino
9:30: (1) Rex Samaniego (2) Marie Walton (3) Betty Lorenz
11:30: (1) Francisco Jimenez (2) Numer T. (3) Danny Barcelon

Weekend of August 17/18

5:15: David Pott
7:30: Nina Tolentino
9:30: (1) Maria Leach (2) John Collins (3) Arlene Collins
11:30 (1) Ana Rosa Aranas (2) Marina Maldonado (3) Suzette Y.

Weekend of August 24/25

5:15: David Mezzera
7:30: Virginia Zambrano
9:30: (1) Bannie Lee (2) Erika Myers (3) Betty Lorenz
11:30: (1) Rose Tamoro (2) Percy Barcelona (3) Suzette Yturralde

Weekend of August 31/Sept. 1

5:15: Roby Blanquera
7:30: Nina Tolentino
9:30: (1) Arlene Collins (2) Dolly Flores (3) Rex Samaniego
11:30: (1) Numer T. (2) Francisco Jimenez (3) Danny Barcelon