

HOLY FAMILY CATHOLIC PARISH

FEBRUARY 2026 BULLETIN

CHALLENGE # 1 FOR FEBRUARY

As we celebrate Presidents' Day this month, the question for you is: How many of the Founding Fathers of the United States were practicing Catholics? [See page 5 for the answer.](#)

CHALLENGE # 2 FOR FEBRUARY

As we begin Lent, what is the derivation of the word "Lent?" [See page 5 for the answer.](#)

ASH WEDNESDAY & LENT SCHEDULE

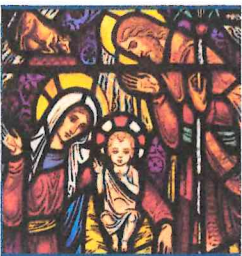
Masses (with distribution of ashes): 8:30 am and 7:00 pm
Distribution of ashes: From 9:30 to 11:30 am and 12:15 to 3:30 pm
Stations of the Cross each Friday in Lent at 7:00 pm



FAST AND ABSTINENCE

Ash Wednesday is a day of fasting for those aged 18-59. This means eating only one full meal and two smaller meals on this day that don't equal a full meal (and refraining from snacks throughout the day). Exemptions exist for the sick, elderly, and pregnant/nursing women.

In addition, on **Ash Wednesday** and all **Fridays** during Lent, practicing Catholics aged 14 and above abstain from eating any meat which comes from birds or mammals specifically. You can eat seafood such as fish or shrimp. You can eat eggs and dairy products. You can eat broth made from animal products. Again, exemptions exist for health reasons. The goal is spiritual growth, self-discipline, and remembrance of Jesus' sacrifice. See page 6 for more information about Lent.



HOLY FAMILY PRAYER

May God bless each family present and bless our entire Holy Family Parish. Make it like the family of your Son. May our moments of sorrow give way to the seasons of joy. May the memory of harsh words fade before the warmth of a loving touch. May the tears of sorrow be replaced by the music of laughter. May resentment be banished from our families. And may forgiveness reign in our hearts today and everyday. Amen.

Mass Schedule

Tuesday - Friday: 8:30 AM

Saturday: 5:15 PM

Sunday: 7:30 AM, 9:30 AM & 11:30 AM

Every 3rd Sunday @ 11:30 AM - Youth Mass

Please call the office and leave a message for Committee or Ministry Volunteer leaders below:

Pastoral Council Chair: Leslie Gaffney

PastoralCouncil@holyfamily-amcan.church

Finance Committee Chair: Zenaida Alejandrino

FinanceCouncil@holyfamily-amcan.church

Liturgy Committee Chair: Father Fred Kutubebi

Donation Counters: Betty Lorenz, Erika Myers,
Eliseo Ira

Ministries

Men's Club – David Pott

Women's Club – Nancy Nabrynski

Art and Environment - Arlene and John Collins

Altar Linen Society -

Cleaning Groups -

Recycling Society - Erika Myers

Community Outreach - Deacon Victor Leach

Communication Media Outreach - Tyrone Navarro

Banyuhay Group USA – Amy San Pedro

Hispanic Ministry – Ana Rosa Aranas

Knights of Columbus – Grand Knight Marnel
Yturralde

Missionary Families of Christ – Frank Lee

Youth Ministry - Theresa Altares and Justine Gemo

Youth Choir - Dan Gemo, and Nidia Romabiles

Sacraments / Sacramentals

Marriage Prep (6-12 month notice) - Fr. Fred

Baptism Prep (3 month notice) - 2nd Wednesday of each month at 6:00pm at the church

Reconciliation - See Fr. Fred after Mass

Quinceañera Celebration - Call Office Secretary

Sacrament of Anointing - Contact Fr. Fred

Blessings - Contact Fr. Fred



Holy Family Catholic Church

American Canyon, CA

Holy Family Catholic Church

200 Antonina Ave.,
American Canyon, CA
94503

Parish Main: (707)

645-9331

Parish Fax: (707)

731-1637

Clergy

Father Fred Kutubebi
Ext. #101

Pastor@holyfamily-amcan.church

Deacon Victor Leach
Ext. #104

Deacon@holyfamily-amcan.church

Deacon Mike Simmons
(Retired) Ext. #104

Office and Administration

Office Secretary: Rose Tamoro Ext. #103
Secretary@holyfamily-amcan.church

Religious Education: Marina Maldonado Ext #105
ReligiousEducation@holyfamily-amcan.church

RCIA: Father Fred Kutubebi

Registration Coordinator: Bernie Borges
RegistrationCoordinator@holyfamily-amcan.church

Bulletin Editor: Dave Mezzera damezz@comcast.net

Webmaster: Mer Abran
Webmaster@holyfamily-amcan.church

Community Outreach: Deacon Victor Leach
Deacon@holyfamily-amcan.church

Social Media: Tyrone Navarro
SocialMedia@holyfamily-amcan.church

Bookkeeper: Sheila Turgo
bookkeeper@holyfamily-amcan.church

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Communion

Holy Family Parish continues to offer Communion for the sick and homebound. If you are interested (for yourself or others) contact the parish office.

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Pullout calendar for refrigerator or desk on pg. 4

My Dear Family of God:

Grace and peace of God be with you all. We thank God for the month of January. It ran peacefully but we lost some wonderful souls. May they all Rest In Peace in the bosom of our Lord. God has been gracious to all of us and for that we give Him thanks. May His Holy Name be praised always.

We had some leaks around the Church and we are fixing them. We also had fifteen (15) strong men who joined the Knights of Columbus and were exemplified. I congratulate all of them and their families. I hope their presence will bring a lot of help to our Church.

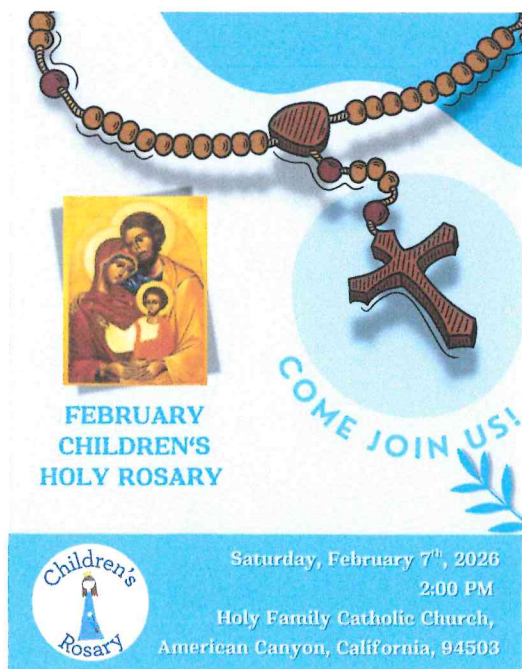
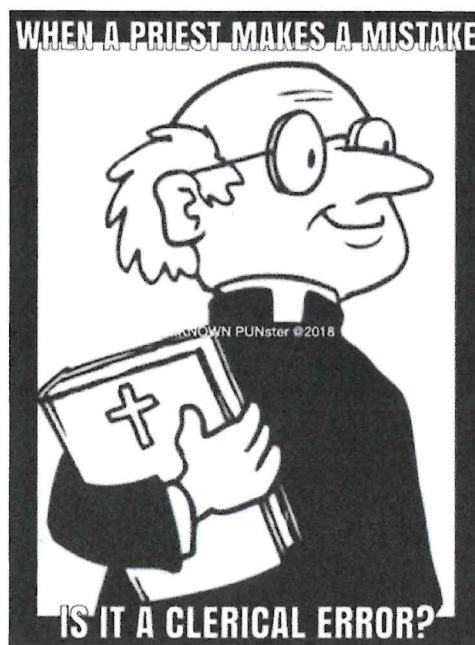
I am glad our Church is running smoothly and everyone is playing his or her part to build God's Kingdom amongst us. Please, if you are not registered at our parish, do so immediately. If you register it, is of great help to your family and to the Church. Your name must be written in the Book of Life and I take that seriously.

The Lenten Season is approaching and it begins with **Ash Wednesday, which falls on February 18th**. See the bulletin cover for our Mass and distribution of ashes schedule.

Reverend Father Frederick K.A. Kutubebi,
Pastor

Thanks to the Finance Council members for their hard work month-in and month-out in keeping on top of our collections and expenses to keep Holy Family Parish viable. Here are the income and expense amounts for the month of December:

Total collections/deposits	\$66,611
One-time donation for "Pay Off the Loan"	\$10,000
One-time collection	\$ 4,908
Christmas Eve & Christmas Day	\$ 6,978
Expenses/withdrawals	- \$57,907
Net collections	\$30,590





Knights of Columbus

Monthly Council 15750 meeting
Thursday, February 26, 2026, 7:00 PM
Holy Family Parish CCD room - Potluck

MEN'S / WOMEN'S CLUBS

The next **Men's Club** meeting and pot luck dinner will be held on Tuesday, February 3rd at 6:00 PM at the Nabinski home. All men of the parish are invited join in.

The next **Women's Club** meeting will be on Tuesday, February 17th at 1:00 PM at church. Check with Nancy for more details.

YOUTH CHOIRS

Practices for February are on the following dates:

Thursday, Feb 5th (6pm-7pm) at church

Thursday, Feb 12th (6pm-7pm) at church

We will sing on Sunday, February 15th (9:30am for Youth and 11:30am for children)

YOUTH MINISTRY

Youth ministry is up and running! February has a unique schedule so please note the following information:

February 6: No meeting, but families are invited to travel to the Cathedral of St. Eugene in Santa Rosa for Adoration! The diocese is hosting this event from 6:30pm-8pm. Stay tuned for possible car pooling info.

February 13: Meeting from 6pm-8pm

February 20: No meeting because of February Break or "President's Week"

February 27: Meeting from 6pm-8pm

Just remember, YOU are the future of the Church!
Ministry is here for YOU and all 8th-12th graders!

RELIGIOUS EDUCATION

Remember the following important dates:

† Confirmation retreat will be on February 21st, 2026, at 1:00 PM.

† First Reconciliation service will be on February 28th, 2026, at 10:00 AM.

ANOTHER BIG THANK YOU

The Women's Club appreciates all of the supplies collected in December. We donated one bag of supplies and personal items to the Vallejo Positivity Project for the homeless community through Lisa Wilson. We donated three large bags of supplies to NEWS Napa that provides safety, hope, healing and empowerment for survivors of domestic and sexual abuse. Finally, we chose Expressions of Hope, provider of resources for foster families, to receive an amazing 14 large bags of supplies and 4 boxes of diapers. THANK YOU all.

H. F. RECYCLING



We continue the recycling program at Holy Family to raise money for our "Building Fund." The recycling company only accepts plastic bottles with or without caps and aluminum cans; please no glass of any type. Place bags in the garbage bin storage area in the parking

lot behind the church. If you have questions, call Gene at 925-997-9928 or Erika at 707-648-6335. Your donations are always appreciated. More than \$50 per month is raised for our Pay Off the Loan fund, so please keep up the good work of recycling.



Missionary Families of Christ

Our beloved MFC founder, Bro. Frank Padilla, was called home to the Lord on Dec. 24, 2025. With grateful hearts and deep remembrance, all MFC members are invited to the Memorial Mass at St. James the Apostle Catholic Church in Fremont on February 1st. To allow members outside NorCal, the Mass will be streamed via Zoom. As one MFC family, we honor him for his faith, obedience & lifelong service to God and His people.

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Presentation of the Lord	3 St. Blaise Feast Day Men's Club meet-ing and dinner at 6:00pm. See pg 3	4	5 Youth choirs practice 6:00-7:00 pm in church	6 No Youth Group meeting. See page 3 for info	7 Family Rosary 2:00pm at church MFC Choir and Ministers 5:15pm See page 3
8	9	10	11 Feast of Our Lady of Lourdes Baptism Prep class 6:00 pm in church	12 Lincoln's Birthday Youth choirs practice 6:00-7:00 pm in church	13 Youth Group meeting from 6:00-8:00 pm	14 St. Valentine's Day
15 Youth Choir sings at 9:30 am Mass Children's Choir sings at 11:30 am Mass	16 Presidents Day	17 Lunar New Year Women's Club meeting at 1:00pm at church	18 Ash Wednesday see front cover for Masses and distribution of ashes and rules for fasting	19	20 Abstinence - See cover for info No Youth Group meeting. See page 3 for info Stations of the Cross 7:00 pm	21 Confirmation Retreat 1:00 pm Loan payoff collection
22 Washington's Birthday Loan payoff collection	23	24 Pastoral Council meeting 6:00 pm in church office	25 Deadline for March bulletin	26 Knights of Columbus Council meeting and dinner 7:00 pm in classroom	27 Abstinence - See cover for info Youth Group meeting from 6:00-8:00 pm Stations of the Cross 7:00 pm	28 Finance Council meets 9:00 am in church office First Reconcili-ation 10:00 am

LECTOR SCHEDULES

1st reader / 2nd reader

Weekend of January 31/Feb. 1

5:15: Shirlese Hayes / Susan Dingli

7:30: Roselle Tamoro / Davet Mohammed

9:30: Bill Walton / Marie Walton

11:30: Rose Tamoro / Marina Maldonado (Esp.)

Weekend of February 7/8

5:15: MFC / MFC

7:30: Rolly Negranza / Leslie Gaffney

9:30: Josie Rubang / Bill Walton

11:30: Roger Decanty / Francisco Jimenez (Esp.)

Weekend of February 14/15

5:15: David Mezzera / Rita DeAngelis

7:30: Lucy Datiles / Milette Negranza

9:30: Alan Padoan / Raymond Jugal

11:30: Marina Maldonado / Princess Crystal (Youth)

Weekend of February 21/22

5:15: Debbie Adams / Shirlese Hayes

7:30: Hemmy Bacareza / Greg Bacareza

9:30: Marie Walton / Betty Lorenz

11:30: Angelina Ellington / M J Garcia (Esp.)

Weekend of February 28/March 1

5:15: Susan Dingli / Romy Blanquera

7:30: Roselle Tamoro / Davet Mohammed

9:30: Frank Lee / Rona Yacob

11:30: Justine Gemo / Lily Maldonado (Esp.)

EM SCHEDULES

Weekend of January 31/Feb. 1

5:15: David Mezzera

7:30: Leslie Gaffney

9:30: Dolly Flores / Zemy Francisco / Bill Walton

11:30: Percy Barcelon / Marnel Yturralde / Numer Tamoro

Weekend of February 7/8

5:15: MFC

7:30: Nina Tolentino

9:30: Rex Samaniego / Normal Flores / Dolly Flores

11:30: Cynthia Cruz / Marina Maldonado / Justine Gemo

Weekend of February 14/15

5:15: David Pott

7:30: Leslie Gaffney

9:30: Zemy Francisco / Bannie Lee / Erika Myers

11:30: Marnel Yturralde / Francisco Jimenez / Marina Maldonado

Weekend of February 21/22

5:15: Shirlese Hayes

7:30: Davet Mohammed

9:30: Marie Walton / Bill Walton / Rex Samaniego

11:30:

Weekend of February 28/March 1

5:15: Romy Blanquera

7:30: Nina Tolentino

9:30: Bannie Lee / Normal Flores / Dolly Flores

11:30: Numer Tamoro / Rose Tamoro / Percy Barcelon

CHALLENGE # 1

Only one (of the 56) signers of the Declaration of Independence was a Catholic: Charles Carroll from Maryland. Of all of the signers of the Declaration of Independence, Carroll was one of the wealthiest and most formally educated. A product of his 17-year Jesuit education in France, Charles Carroll spoke five languages fluently, and became a Senator from Maryland when the first U.S. Congress was formed.

His younger brother, John Carroll, was also educated in Europe by the Jesuits, and joined that Order, becoming a priest. He came to America and started a boys' school on the Potomac River in an area called Georgetown, named after George Washington. John Carroll, SJ, became the first Catholic bishop - and then archbishop - of Baltimore, the oldest U.S. diocese.

Of other signers of the Declaration and other Founding Fathers, George Washington was raised Anglican and was an active Episcopalian. John Adams was raised in the Puritan tradition and was an active Congregationalist, believing in Jesus as redeemer. Thomas Jefferson followed the Unitarian tradition, believing in a Creator God, but looking upon Jesus only as a teacher, not believing in the Divinity of Christ, all the while believing in individual conscience.

Extra credit: Although Abraham Lincoln was not a Founding Father, we do celebrate his birthday this month. Lincoln was raised Baptist but never joined any church. His faith was characterized by deep scriptural knowledge (quoting scripture often), moral conviction, and an appreciation for God's providence to get us thru the Civil War.

CHALLENGE # 2

Our word LENT is derived from the Old English word *lencten*, meaning "spring season," which itself comes from a Dutch word *lente*, signifying "long," as in these (Lenten) days are becoming longer as spring approaches.



Discover the secrets of a lasting, supportive, and transformative marriage!

9 out of 10 couples who attend a Marriage Encounter experience report a lasting, positive impact on their lives.

Experience In English
February 13-15 2026

Location: University Hotel by IHG, Dixon, CA
Registration Fee: \$225

LOCAL CONTACT

Terry & Janet Doane

Contact Phone: 916-489-3464 (leave message)

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FIRST WEEK IN LENT

Read Matthew 4:1-11 (Jesus in the wilderness and being tempted by the devil). Our practice this week is to pay attention to the times in our lives when our faith is tested.

SECOND WEEK IN LENT

Read John 3:1-7 (Nicodemus invited to be born again). Our practice this week is to open our hearts and imagine a new life that God is inviting us to in our own rebirth and the rebirth of the world.

MORE ABOUT LENT

Beginning about six weeks before Easter, Lent is a time traditionally set aside for fasting, prayer, and reflection in preparation to celebrate the Resurrection of Jesus Christ. It is one of the most enduring seasons in the Christian liturgical calendar with some elements dating to perhaps earlier than the second century. The earliest observances of Lent seem to have focused particularly on the practice of fasting. Church records suggest that the fast applied at first mainly to new converts as a period of repentance and reflection before their baptism at Easter. In any case, Lent quickly became a general practice Church-wide. By the 800s, the strictness of the fast began to relax. By the 1400s, Christians had begun eating one main meal early in the day, and later began to add a smaller meal to keep up their strength for work. Eventually, the one-meal restriction was lifted altogether, and new practices emerged, like the idea of giving up some luxury or need as a personal sacrifice for the season. Over time, "giving something up" became the centerpiece of Lent.

But over the years, Lent has become less strict in almost every Western tradition. In the Catholic Church, for example, the number of obligatory fasting days decreased incrementally from six days a week to three, and then eventually, to just two in the whole season of Lent: Ash Wednesday and Good Friday (see the cover). The well known "fish on Friday" tradition began in the United States in 1966 when the Pope affirmed the abstinence from "flesh" on all Fridays. This too has been relaxed to abstaining only Fridays in Lent. In every tradition, however, the act of "giving something up" has remained strong.

The forty-day time for Lent (Ash Wednesday through Holy Saturday excluding Sundays) mirrors Jesus' 40 days in the desert, and also equals Moses' and Elijah's fasts, which for us symbolizes spiritual preparation, leading up to the glorious feast of Jesus' Resurrection (Easter).

THE DUPLEX: By Glenn McCoy



SUNDAY MASS READINGS FOR FEBRUARY

Sunday, January 25th (Third Sunday in Ordinary Time)

A reading from the Book of Isaiah 8:23—9:3 - The anguish of the people has been conquered. The people who walked in darkness have seen a great light. Those who dwelt in gloom, a light has shone.

Responsive Psalm 27:1, 4, 13-14 - "The Lord is my light and my salvation."

Epistle Reading from the First Letter of St. Paul to the Corinthians 1:10-13, 17 - Paul tells the Church in Corinth that there should be no divisions among themselves. He chastises them about the rivalries that have arise between factions of the Church. He reminded them that it is not himself, Paul, who was crucified and rose, but that it was Christ who shares the wisdom of the ages.

Gospel of Matthew 4:12-23 - Jesus becomes disturbed when He hears that John had been arrested. Jesus left Nazareth and began teaching and preaching in Galilee, beyond the Jordan River. He told the people that they should repent for the kingdom of heaven is close at hand. At the Sea of Galilee, Jesus called to two fishermen, Peter and his brother Andrew, and told them to follow Him, which they did. He also called James and his brother John, and they too followed Him, teaching and proclaiming the Good News and curing diseases and illnesses among the people.

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Sunday, February 1st (Fourth Sunday in Ordinary Time)

A reading from Zephaniah 2:3; 3:12-13: The people of the Lord are humble, doing no wrong and speaking no lies. They will take refuge in the Lord and will seek justice, nurturing their flocks.

Responsive Psalm 146:6-10 - "Blessed are the poor in spirit; the kingdom of heaven is theirs!"

Epistle Reading from the First Letter of St. Paul to the Corinthians 1:26-31 - The chosen are in Christ Jesus, holding on to wisdom, righteousness and redemption. God chose them to shame the wise, shame the strong and not boast before God.

Gospel of Matthew 5:1-12 - The well-known Sermon on the Mount (the "Blessed be's . . .").

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Sunday, February 8th (Fifth Sunday n Ordinary Time)

A reading from the Book of Isaiah 58:7-10 - Share your bread, shelter the oppressed, clothe the naked. In this way, when you cry out to the Lord, He will answer with "I am here." Light will rise from the darkness and gloom shall be no more.

Responsive Psalm 112:4-9 - "The just man is a light in darkness to the upright."

Epistle Reading from the First Letter of St. Paul to the Corinthians 2:1-5 - Paul told the Christian Community in Corinth that he was sent to them with weakness and fear, and that he had no wisdom except knowing about the crucified Jesus Christ. It was the Spirit that put the words of wisdom into his mouth so that the people's wisdom came not from humans such as himself but from the power of God.

Gospel of Matthew 5:13-16 - The parables of the salt and of the light. If you are the light of the world, you cannot be hidden. Just as a lamp is not put under a basket, but is set where it gives light to the entire household. Your light must shine before others so that they may see your good deeds and that you will be glorified in God.

Sunday, February 15th (Sixth Sunday n Ordinary Time)

A reading from the Book of Sirach 15:15-20 - Keep the Commandments. Trust in God. Choose life and goodness. The wisdom of the Lord is immense and all-powerful. God does not command us to act unjustly nor does He give us license to sin.

Responsive Psalm 119:1-2, 4-5, 17-18, 33-34 - "Blessed are they who follow the law of the Lord!"

Epistle Reading from St Paul's First Letter to the Corinthians 2:6-10 - Paul speaks not out of human wisdom, but out of God's wisdom. God has prepared glory for those who love Him. All of this has been revealed to us through the Spirit.

Gospel of Matthew 5:17-37 - Jesus says that He has not come to abolish the law of the prophets but to fulfill it. Anyone who breaks the Commandments will be the least in the kingdom of heaven. You must surpass the righteousness of the Pharisees or you will not enter the kingdom of heaven. Jesus then expands on the Commandments and challenges the people even more.

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Sunday, February 22nd (First Sunday of Lent)

A reading from Genesis 2:7-9; 3:1-7 - After the story of Creation, this is the story of Adam and Eve in the Garden of Eden and how the serpent tricked them into disobeying God and the result of their sin.

Responsive Psalm 51:3-4, 5-6, 12-13, 17 - "Be merciful, O Lord, for we have sinned."

Epistle Reading from St. Paul's Letter to the Romans 5:12-19 - Paul tells the people how sin entered the world through Adam. But those who share in the abundance of grace will come to life through Jesus Christ for through obedience, many will be made righteous.

Gospel of Matthew 4:1-11 - The story of Jesus going into the desert for forty days where He prayed before beginning his public ministry. It was there that He was tempted three times by the devil but refused each temptation.

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Sunday, March 1st (Second Sunday of Lent)

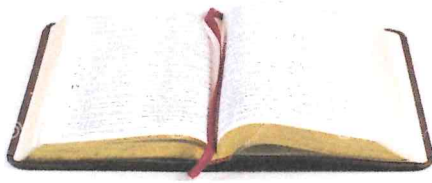
A reading from Genesis 12:14 - The Lord tells Abraham that he should go into the Promised Land and a great nation will come forth from his descendants who will be blessed. Abraham trusted in the Lord and did as he was directed..

Responsive Psalm 33:4-5, 18-22 - "Lord, let your mercy be on us, as we place our trust in you."

Epistle Reading from the Second Letter of Timothy 1:8-10 - Timothy tells the people they will be able to bear all hardships with the strength that comes from God. God calls us to a holy life and Christ bestows grace on all. He destroyed death and brought immortality through the Word of the Gospel.

Gospel of Matthew 17:1-9 - The account of the Transfiguration of Jesus on the mountain top appears in all four Gospels. This is Matthew's version that includes Peter, James and John experiencing Jesus becoming shining with His clothes becoming dazzling white. They experience the presence of Moses and Elijah and hear the voice of God speaking from a cloud. The disciples were fearful, but Jesus assured them that they should not be afraid but that they should reserve what they saw and heard in their hearts.

DAILY READINGS FOR FEBRUARY



Monday, February 2nd (Presentation of the Lord)

Malachi 3:1-4
Psalm 24:7-10
Hebrews 2:14-18
Luke 2:22-40

Tuesday, February 3rd

2 Samuel 18:9-10, 14,
24-25, 30-19:3
Psalm 86:1-6
Mark 5:21-43

Wednesday February 4th

2 Samuel 24:2, 9-17
Psalm 32:1-2, 5-7
Mark 6:1-6

Thursday, February 5th

1 Kings 2:1-4, 10-12
Resp: 1 Chronicles 29:10-12
Mark 6:7-13

Friday, February 6th

Sirach 47:2-11
Psalm 18:31, 47 and 50, 51
Mark 6:14-29

Saturday, February 7th

1 Kings 3:4-13
Psalm 119:9-14
Mark 6:30-34

Monday, February 9th

1 Kings 8:1-7, 9-13
Psalm 132:6-7, 8-10
Mark 6:53-56

Tuesday, February 10th

1 Kings 8:22-23, 27-30
Psalm 84:3, 4, 5 and 10, 11
Mark 7:1-13

Wednesday, February 11th

1 Kings 10:1-10
Psalm 37:5-6, 30-31, 39-40
Mark 7:14-23

Thursday, February 12th

1 Kings 11:4-13
Psalm 106:3-4, 35-37, 40.
Mark 7:24-30

Friday, February 13th

1 Kings 11:29-32; 12:19
Psalm 81:10-15
Mark 7:31-37

Saturday, February 14th

1 Kings 12:26-32; 13:33-34
Psalm 106:6-7, 19-22
Mark 8:1-10

Monday, February 16th

James 1:1-11
Psalm 119:67-68, 71-72,
75-76
Mark 8:11-13

Tuesday, February 17th

James 1:12-18
Psalm 94:12-15, 18-19
Mark 8:14-21

Wednesday, February 18th (Ash Wednesday)

Joel 2:12-18
Psalm 51:3-6, 12-14, 17
2 Corinthians 5:20-6:2
Matthew 6:1-6, 16-18

Thursday, February 19th

Deuteronomy 30:15-20
Psalm 1:1-2, 3, 4 and 6
Luke 9:22-25

Friday, February 20th

Isaiah 58:1-9
Psalm 51:3-4, 5-6, 18-19
Matthew 9:14-15

Saturday, February 21st

Isaiah 58:9-14
Psalm 86:1-6
Luke 5:27-32

Monday, February 23rd

Leviticus 19:1-2, 11-18
Psalm 19:8, 9, 10, 15
Matthew 25:31-46

Tuesday, February 24th

Isaiah 55:10-11
Psalm 34:4-7, 16-19
Matthew 6:7-15

Wednesday, February 25th

Jonah 3:1-10
Psalm 51:3-4, 12-13, 18-19
Luke 11:29-32

Thursday, February 26th

Esther C:12, 14-16, 23-25
Psalm 138:103, 7-8
Matthew 7:7-12

Friday, February 27th

Ezekiel 18:21-28
Psalm 130:1-8
Matthew 5:20-26

Saturday, February 28th

Deuteronomy 26:16-19
Psalm 119:1-2, 4-5, 7-8
Matthew 5:43-48

